

THE TYPIKA SERVICE WHEN WE ARE UNABLE TO ATTEND CHURCH

SUNDAY MARCH 22, 2020
Third Sunday of Lent. Sunday of the Cross.

THE SERVICE TAKES PLACE IN FRONT OF OUR ICON CORNERS

EVERYONE: O, God cleanse me a sinner and have mercy on me! (3x)

READER: Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

READER: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O most Holy Trinity, have mercy on us. Lord, cleanse from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord have mercy. Lord have mercy. Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

EVERYONE: Our Father, Who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

READER: Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

READER: Amen. Lord have mercy (12x)

EVERYONE: Amen. Followed by the singing of the First Antiphon.

Bless the Lord, O my soul! Blessed are Thou, O Lord! Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits. Who forgives all your iniquity, who heals all your diseases. The Lord is compassionate and merciful, long suffering and of great goodness. Bless the Lord, O my soul, and all that is within me, bless His holy name. Blessed art Thou, O Lord!

READER: Amen. Lord have mercy (12x)

Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

EVERYONE: Amen. Followed by the singing of the Second Antiphon.

Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have being. Put not your trust in princes, in sons of men in whom there is no salvation.

When his breath departs he returns to his earth, on that very day his plans perish. The Lord will reign forever; Your God, O Zion, to all generation.

Now and ever and unto ages of ages. Amen. Only-begotten Son and immortal Word of God, Who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, Who without change didst become man and wast crucified, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: O Christ our God, trampling down death by death, save us!

READER: Amen. Lord have mercy (12x)

Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

EVERYONE: Amen. Followed by the singing of the Third Antiphon.

In Thy Kingdom remember us, O Lord, when Thou comest into Thy Kingdom. Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst after righteousness, for they shall be filled. Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called the sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven. Blessed are you when men shall revile you and persecute you, and shall say all manner of evil against you falsely for my sake. Rejoice and be exceedingly glad, for great is your reward in heaven.

Followed by the singing of the appointed Troparia for the day

Resurrection Troparion – Tone 7

By Your Cross You destroyed death.
To the thief You opened Paradise.
For the Myrrhbearers You changed weeping into joy.
And You commanded Your disciples, O Christ God,
to proclaim that You are risen, //
granting the world great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Troparion of the Cross – Tone 1

O Lord, save Your people,
and bless Your inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Your Cross, //
preserve Your habitation!

EPISTLE

READER: The Prokeimenon is in the 6th tone: O Lord, save Your people / and bless Your inheritance!

CHOIR: O Lord, save Your people / and bless Your inheritance!

READER: To You, O Lord, will I call. O my God, be not silent to me!

CHOIR: O Lord, save Your people / and bless Your inheritance!

READER: O Lord, save Your people...

CHOIR: ...and bless Your inheritance!

THE READING IS FROM THE LESSON OF THE HOLY APOSTLE PAUL TO THE HEBREWS.

READER: BRETHREN: Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, today I have begotten You." As He also says in another place: "You are a priest forever according to the order of Melchizedek" (*Hebrews 4:14-5:6*)

READER: Alleluia! Alleluia! Alleluia!

CHOIR: Alleluia! Alleluia! Alleluia!

READER: Remember Your congregation, which You have purchased of old!

CHOIR: Alleluia! Alleluia! Alleluia!

READER: God is our King before the ages; He has worked salvation in the midst of the earth!

CHOIR: Alleluia! Alleluia! Alleluia!

GOSPEL

READER: And that we may be accounted worthy of hearing the Holy Gospel, let us pray to the Lord God.

EVERYONE: Lord have mercy (3x)

READER: Let us listen to the Holy Gospel. The Reading is from the Holy Gospel according to Saint Mark.

EVERYONE: Glory to You, O Lord, glory to You.

READER: Let us Attend! When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power." (*Mark 8:34-9:1*)

EVERYONE: Glory to You, O Lord, glory to You.

READER: Remember us, O Lord, when You come into Your Kingdom.

Remember us, O Master, when You come into Your Kingdom!

Remember us, O Holy One, when You come into Your kingdom!

READER: Amen. Lord have mercy (12x)

READER: Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

EVERYONE: Amen.

READER: The Heavenly Choir sings Your praises and cries out: Holy, Holy, Holy Lord of Sabaoth; Heaven and earth are full of Your glory.

READER: Draw near to Him, and be enlightened; and your faces shall not be put to shame.

READER: The Heavenly Choir sings Your praises and cries out: Holy, Holy, Holy Lord of Sabaoth; Heaven and earth are full of Your glory.

READER: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

READER: The Choir of Holy Angels and Archangels, with all the Powers of Heaven, sing Your praises and cries out: Holy, Holy, Holy Lord of Sabaoth, Heaven and earth are full of Your glory.

THE SYMBOL OF FAITH

PEOPLE: I BELIEVE IN ONE GOD, THE FATHER ALMIGHTY; MAKER OF HEAVEN AND EARTH, AND OF ALL THINGS VISIBLE AND INVISIBLE.

AND IN ONE LORD, JESUS CHRIST, THE SON OF GOD, THE ONLY- BEGOTTEN; BEGOTTEN OF THE FATHER BEFORE ALL AGES. LIGHT OF LIGHT, TRUE GOD OF TRUE GOD; BEGOTTEN NOT MADE; OF ONE ESSENCE WITH THE FATHER, BY WHOM ALL THINGS WERE MADE; WHO FOR US MEN AND FOR OUR SALVATION CAME DOWN FROM HEAVEN, AND WAS INCARNATE OF THE HOLY SPIRIT AND THE VIRGIN MARY AND BECAME MAN. AND HE WAS CRUCIFIED FOR US UNDER PONTIUS PILATE, AND SUFFERED, AND WAS BURIED; AND ON THE THIRD DAY HE ROSE AGAIN, ACCORDING TO THE SCRIPTURES; AND HE ASCENDED INTO HEAVEN, AND SITS AT THE RIGHT HAND OF THE FATHER; AND HE SHALL COME AGAIN WITH GLORY TO JUDGE THE LIVING AND THE DEAD; WHOSE KINGDOM SHALL HAVE NO END. AND IN THE HOLY SPIRIT, THE LORD, THE GIVER OF LIFE, WHO PROCEEDS FROM THE FATHER; WHO WITH THE FATHER, AND THE SON TOGETHER IS WORSHIPPED AND GLORIFIED; WHO SPOKE BY THE PROPHETS. IN ONE, HOLY, CATHOLIC, AND APOSTOLIC CHURCH; I ACKNOWLEDGE ONE BAPTISM FOR THE REMISSION OF SINS. I LOOK FOR THE RESURRECTION OF THE DEAD, AND THE LIFE OF THE WORLD TO COME. AMEN.

READER: Lord have mercy (12x) Through the prayers of our Holy Fathers, O Lord Jesus Christ, son of God, have mercy on us.

EVERYONE: OUR FATHER, WHO ART IN HEAVEN, HALLOWED BY THY NAME. THY KINGDOM COME. THY WILL BE DONE, ON EARTH AS IT IS IN HEAVEN. GIVE US THIS DAY OUR DAILY BREAD; AND FORGIVE US OUR TRESPASSES, AS WE FORGIVE THOSE WHO TRESPASS AGAINST US; AND LEAD US NOT INTO TEMPTATION, BUT DELIVER US FROM EVIL.

READER: Through the prayers of our Holy Fathers, O Lord Jesus Christ, Son of God, have mercy on us and save us.

EVERYONE: Amen.

Kontakion for the Cross — Tone 7

Now the flaming sword no longer guards the gates of Eden;
it has been mysteriously quenched by the wood of the Cross.
The sting of death and the victory of hell have been vanquished;
for You, O my Savior, have come and cried to those in hell://
“Enter again into Paradise!”

READER: Blessed be the Name of the Lord, henceforth and forevermore. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

PSALM 34

I will bless the Lord at all times; His praise shall be continually in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my troubles. Draw nigh unto Him, and be enlightened, and your faces shall not be put to shame. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The Angel of the Lord will encamp around those who fear Him, and will deliver them. O taste and see that the Lord is good; blessed is the man that hopes in Him. O fear the Lord, all you His saints; for there is no want for them that fear Him. The rich have become poor and have hungered; but they that seek the Lord shall lack no good thing. Come, O children, hearken unto me; I will teach you the fear of the Lord. Who is the man that desires life, who loves to see days that are good? Keep thy tongue from evil, and thy lips from speaking deceit. Turn away from evil, and do good; seek peace, and pursue it. The eyes of the Lord are upon the righteous, and His ears unto their supplication. The face of the Lord is against them that do evil, to cut off the remembrance of them from the earth. The righteous cried, and the Lord hear them, and He delivered them out of all their troubles. The Lord is nigh unto them that are broken in heart, and will save them that are humble in spirit.

Many are the afflictions of the righteous, and out of them all shall the Lord deliver them. The Lord keeps all of their bones; not one of them shall be broken. The death of sinners is cruel, and they that hate the righteous shall do wrong. The Lord will redeem the soul of His servants, and none of them shall do wrong that hope in Him.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. Lord have mercy. Lord have mercy. Lord have mercy.
Lord Bless!

READER: Through the Prayers of our Holy Fathers, through the Prayers of the Most Holy Theotokos and Ever-Virgin Mary, by the Power of the Precious and Life- Creating Cross, through the protection of the Bodiless Powers of Heaven, through the prayers of Holy Glorious Prophet, Forerunner and Baptist John, through the prayers of the holy glorious and all-laudable Apostles, through the Prayers of all the North American Saints, through the prayers of the Holy Apostle Paul, the patron of this Holy Temple, through the prayers of Hieromartyr Basil of Ancyra, Martyr Drosida, daughter of Emperor Trajan, Ven. Isaac, Founder of the Dalmatian Monastery at Constantinople, and Monastic Martyr Euthymius of Prodromou , whom we commemorate today, of the holy and righteous Ancestors of God, Joachim and Anna, and of all the saints, O Lord Jesus Christ Our God, have mercy on us and save us. Amen.

(The faithful now come up and venerate the Precious Cross and Icons in our Icon Corner.)

READER: Through the Prayers of our Holy Fathers, O Lord Jesus Christ our God, have mercy on us and save us.

CHOIR: Amen. Lord have mercy. Lord have mercy. Lord have mercy.



PRAYERS OF PROTECTION FROM THE CORONAVIRUS TO BE PRAYED BY THE FAITHFUL AT HOME

A Prayer To Be Offered in the Morning

Lord our God, You who are rich in mercy, and with careful wisdom direct our lives, listen to our prayer, receive our repentance for our sins, bring an end to this new infectious disease, this new epidemic, just as you averted the punishment of your people in the time of David the King. You who are the Physician of our souls and bodies, grant restored health to those who have been seized by this illness, raising them from their bed of suffering, so that they might glorify You, O merciful Savior, and preserve in health those who have not been infected. By your grace, Lord, bless, strengthen, and preserve, all those who out of love and sacrifice care for the sick, either in their homes or in the hospitals. Remove all sickness and suffering from your people, and teach us to value life and health as gifts from You. Give us Your peace, O God, and fill our hearts with unflinching faith in Your protection, hope in Your help, and love for You and our neighbor. For Yours it is to have mercy on us and save us, O our God, and to You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and forever, to the ages of ages. Amen.